

Tuscan YOGA EXPERIENCE

FALL HARVEST • NOVEMBER 4TH – 11TH, 2015

What's more magical than the fall harvest in Tuscany, beginning each day centered and energized with your heart fully-tuned to the experience? Spend an unforgettable week exploring the Chianti region with sisters and teachers Raeanne and Natalie Wright. Experience the fall harvest in a small Tuscan town as you wander, breathe, and nourish your soul with yoga, meditation, and good company. Tuscany makes living well a time-honored art, and you will return home transformed!

ITINERARY

Day 1 **JFK–MILAN:** Depart JFK's International Airport on your overnight flight to Milan. Dinner served shortly after take off. Sit back, relax and enjoy the flight!
WED 11/4

Day 2 **MILAN–TUSCANY:** Morning arrival into Milan Airport, where we'll meet our driver. Soak in the scenic Tuscan hills as we continue our journey. We'll arrive by early afternoon at the **Villa Casagrande**, which dates back to the 14th century. Rest, unpack and get acquainted with our home for the next six nights with a brief walking orientation of Figline Valdarno; Then, ease into our yoga experience with a gentle practice designed to unwind from the long journey. Welcome dinner tonight at the Villa!
THUR 11/5

Day 3 **VILLA CASAGRANDE:** After breakfast and morning yoga, enjoy a day at leisure in the heart of Tuscany or take the optional Florence tour. Dinner on your own.
FRI 11/6

OPTIONAL FLORENCE: Journey to Florence by train (train tickets not included). Stroll down cobblestone lanes, through majestic squares and across ancient bridges, pausing along the way to visit **Palazzo Vecchio**, **Piazza della Signoria**, the cathedral and Giotto's bell tower, and the **Accademia** (entrance fee and reservation included). Lunch is on your own. Florence offers the largest number of historical buildings and works of art in Italy, as well as several world-class museums. Return to the Villa Casagrande early evening.

Day 4 **FIGLINE VALDARNO:** After breakfast and morning yoga, explore Figline Valdarno on a very special weekend—a time of "harvest" for wine and olive oil. Just beyond the Villa's back gate is **Autumnia**, the town's own harvest celebration. Sample Italian delicacies as you wander through an outdoor gastronomic extravaganza! Or, perhaps rent a bike or car, go horseback riding, or visit the Villa's sauna or jacuzzi. Dinner on your own tonight.
SAT 11/7

Day 5 **FIGLINE VALDARNO:** After breakfast and morning yoga, spend another day exploring **Autumnia**, or take a train to one of many quaint Tuscan towns. Trains are frequent from the Figline Valdarno railway station (10 minute walk from Villa) and Florence is only 30 minutes away! Dinner on your own.
SUN 11/8

Day 6 **VILLA CASAGRANDE:** After breakfast and morning yoga, another free day to choose your own adventure! Dinner on your own.
MON 11/9

Day 7 **VILLA CASAGRANDE:** After breakfast, visit one of the spots still on your list before you leave, or enjoy the optional tour to **San Gimignano** with a very entertaining wine tasting. This evening, we'll gather together for one last yoga practice to seal our experience and reflect on our week's adventures. Enjoy one last dinner on your own, or gather together to raise a glass and say "Namaste" to newfound friends!
TUE 11/10

OPTIONAL SAN GIMIGNANO: Explore and enjoy the world-famous medieval walled city of San Gimignano, "the City of the Beautiful Towers." In the afternoon, continue along the Tuscan countryside to a superior local cellar, wine-tasting extraordinaire! Vernaccia wine was recently awarded the D.O.C.G., the highest acknowledgement and guarantee for quality in Italian oenology. Return in the evening to the Villa.

Day 8 **FIGLINE VALDARNO – MILAN– JFK:** Early morning transfer to Milan Airport for your return flight home, taking with you the memories of the best of Italy. "Arrivederci" — a nostalgic goodbye with a promise to return.
THUR 11/11

\$1,749*

PER PERSON SHARING

INCLUDES AIR FROM
JFK, TAXES & FUEL
SURCHARGES

* Air taxes & fuel surcharges included, based at time group air was originally reserved. Air taxes & fuel surcharges subject to change until group air is ticketed. All groups are ticketed at same time, and early ticketing is not permitted.

Your Includes:

- Roundtrip air from New York's JFK airport to Italy, including departure taxes and fuel surcharges
- 6 nights at the **Villa Casagrande** in Figline Valdarno
- **Daily yoga and meditation classes** to complement and enhance the experience; all levels welcome
- 30-min individual **Reiki healing sessions** or spiritual discussion/counseling with Natalie (limited availability)
- One **30-min massage** and one complementary spa entrance (sauna, jacuzzi, and Turkish bath) at the Villa
- Italian buffet breakfast daily, except day of arrival
- Walking orientation tour of Figline Valdarno
- Welcome dinner at the Villa, wine included
- Deluxe motorcoach transport & airport transfers in Italy
- Celtic Tours flight bag and portfolio of travel documents

OPTIONAL

- Roundtrip bus transportation from Albany area to JFK
- Florence tour & entrance to **Accademia** to see "David"
- San Gimignano excursion & wine tasting at local winery

NOTE: *Gratuity to the driver, tour escorts and local guides are not included.*



Meet Your Guides

Raeanne Wright has been practicing yoga for 10 years and teaching since 2010. Her classes blend various styles, breathing, meditation, music and essential oils to create an immersive experience.

Having been personally transformed by yoga, she encourages self-inquiry, self-compassion, curiosity and playfulness. In addition to owning her own web design business, Raeanne currently runs **Troy Yoga** and teaches at **Heartspace Yoga**.

Natalie Wright is a mother of two boys, licensed Occupational Therapy Assistant and 2nd Degree Reiki Practitioner. A lover of travel, wine, laughter and connecting heart to heart with others, she'll be assisting with classes and offering individual Reiki sessions. Natalie is a gifted healer who loves to make a positive difference in the lives of others.

TOUR COST:

***\$1,749 p.p. sharing (Land, Air from JFK, & Taxes)**

Single supplement \$196 - limited availability

Optional Travel Insurance: (Non-refundable). \$118 p.p. / Sgl: \$145.

Insurance must be purchased with deposit

** Please note: Air taxes and fuel surcharges are included, based on time group air was originally reserved. Air taxes and fuel surcharges are subject to change until group air is ticketed. All groups are ticketed at the same time, and early ticketing is not permitted.*

PAYMENT SCHEDULE

\$380 p.p. Initial deposit due with reservation

(plus insurance if taking)

SECOND Payment of \$800 p.p. due: July 24, 2015

FINAL payment is due: August 24, 2015

(Travel Insurance is recommended, as all payments are non-refundable)

**Note: Airfare in all-inclusive cost is based on airline tickets being purchased by July 24, 2015. No name changes are allowed once airline tickets are issued. Tickets, once purchased are non-refundable with a minimum air penalty of \$775 per ticket. Airfare is subject to fuel & tax increases until tickets for entire group are issued, even if paid in full. Once issued tickets cannot be re-issued if names are spelled incorrectly. Deviations are not allowed. Changes in your return date may affect your airfare. Air mileage is not allowed for group space. Seat assignments are given at Check In for group space, there are no exceptions. Land cancellation: Initial deposit – 121 days prior to departure, penalty is: \$126 per person. From 120 - 65 days prior to departure, penalty is: \$276 per person. From 64 – 31 days prior to departure, penalty is: \$626 per person. After August 24,2015 there is no refund. Cancellations must be made during Celtic Tours business hours, Monday – Friday, 9am to 5pm EST. Cancellations made after business hours, there is no refund. Travel Insurance is available and is recommended. Travel insurance must be purchased with initial reservation/deposit, and is non-refundable. Celtic Tours & Raeanne Wright accept no responsibility for losses or expenses due to delay or changes in schedule, flight cancellations due to mechanical problems, sickness, weather, strikes, war, quarantine or other causes. Passenger must bear all such losses or expenses. Raeanne Wright (tour escort) will not be held responsible for any personal injury, property damage or other loss a passenger incurs on this tour. Celtic Tours & Raeanne Wright reserve the right to alter the tour due to any unforeseen circumstances beyond its control. Airline tariffs limit liability for passenger baggage. Group organizers/Leaders are not employed as such by Celtic Tours World Vacations or the sponsoring organization. Group organizers/Leaders are independent travel advisors/organizers.*

Please Print

RESERVATION APPLICATION

BK #

Please reserve _____ seat(s) on a **Tuscan Yoga Experience** Hosted by *Raeanne Wright* • **November 4 – 11, 2015**

Name (as on passport): _____ **American Citizen:** YES: ___ NO: ___ **Gender:** M ___ F ___

Note: A valid U.S. Passport is required (valid for 6 months beyond date of travel) for travel to Italy. You may still sign up with a pending passport,

*** Note: Air taxes and fuel surcharges are included, based on time group air was originally reserved. Air taxes and fuel surcharges are subject to change until group air is ticketed. All groups are ticketed at the same time, and early ticketing is not permitted. A signature is required acknowledging that you have read and accept these terms. A reservation CANNOT be made with out a signature:**

Signature: _____ **Date:** -

copy needed by July 24, 2015.

Passport Number: _____ **Date of Birth** _____ **Psspt Exp Date** _____

Address: _____
(street) (city) (state) (zip)

Phone: (home): _____ **(cell):** _____ **Email:** _____

Roommate's Name (as on passport): _____ **American Citizen:** YES: ___ NO: ___ **Gender:** M ___ F ___

(Please indicate if roommate is sending deposit with separate reservation application: YES: ___ NO: ___)

Roommate Passport Number: _____ **Date of Birth** _____ **Psspt Exp Date** _____

Address: _____
(street) (city) (state) (zip)

Phone: (home): _____ **(cell):** _____ **Email:** _____

Optional Travel Protection Plan is available & recommended– **MUST** be purchased with initial deposit

Travel Protection Plan Additional from \$118 / \$145 singles p.p.(non-refundable): YES: ___ NO: ___ *initial here if declining insurance* _____

Optional **S. Gimignano** Additional \$174 per person (non-refundable): YES: ___ NO: ___ *(based on a min. of 15)*

Optional **Florence** Tour (Train tickets not included) Additional \$18 per person (non-refundable): YES: ___ NO: ___ *(based on a minimum of 15)*

Optional **Roundtrip Bus** Transportation from Albany to JFK: YES: ___ NO: ___ (price TBA)

Meal Restrictions: YES: ___ NO: ___ Please describe: _____

Payment of \$ _____ is enclosed. (\$380 per person deposit to reserve seat + cost of optional travel insurance, \$118 / \$145 single per person)

Room Type: ___ Twin/Dble ___ Triple ___ Single, Supplement – limited availability – additional \$196

\$800 p.p. 2nd deposit due: July 24, 2015 (2nd deposit is non-refundable) • Final payment is due: AUGUST 24, 2015

Further Inquiries – Please Contact: Susan Sheehan: 518-486-8314 • 800-833-4373 • email: susans@celtictours.com or

Raeanne Wright, Tour Escort • 518-683-8879 • email: raeannewright@gmail.com

Please makes checks payable and send to: Celtic Tours, 1860 Western Ave, Albany NY 12203

All Major Credit Cards Accepted – complete authorization below and mail to Celtic Tours or fax to 518-862-0152:

I have read the terms and conditions per the brochure/flyer and understand that I may incur service charges, penalties and/or cancellation fees in the event of cancellation or change in my itinerary for any reason.

I _____ authorize Celtic Tours to charge \$ _____ on my

Credit Card Number: _____ Exp. Date: _____

Security Code: *(Please call 518-486-8314 or 800-833-4373 to finalize this transaction or you may make your payment online).*

Signature: _____

Address: _____

City: _____ STATE: _____ Zip Code: _____

By Signing here: _____ *I additionally authorize Celtic Tours to charge my 2nd Deposit of \$800 per person due on July 24, 2015 and final payment due on August 24, 2015 to my credit card.*